

CRITERION –VII

KEY INDICATOR

7.3 Institutional Distinctiveness

METRIC NO.

7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words.

INDEX

SANCTUARY: Spiritual Awakening and Nurturing Compassion, Humanity, Resilience and Youthfulness



Sr no	Particulars	Page Number
1	Syllabus	01
2	Feedback Analysis	03



SADHU VASWANI INSTITUTE OF MANAGEMENT STUDIES FOR GIRLS

(Status: Linguistic Minority) (Unaided- Private)

Approved by A.I.C.T.E. Certified under ISO 9001:2015

Affiliated to Savitribai Phule Pune University, NAAC Accredited with "B+" Grade

Institute Codes: SPPU: IMMP016030, D.T.E.: 6614, AISHE: C-44578, AICTE: 1-21641511

Dr. B. H. Nanwani
Director

1.SYLLABUS OF SANCTUARY

Title: -Sanctuary- SANCTUARY: Spiritual Awakening and Nurturing Compassion, Humanity, Resilience and Youthfulness

Course Objectives-

- Enrich the youth with vital truths of spiritual life and make them lovers_of Indian ideals and culture.
- Develop true knowledge of young students by educating them on practicing humility.
- Educate students to respect all races and religions
- Prepare them to use logic and processes of the mind (competence) and to compliment it with character building (using heart).
- Nurture the process of education as an instrument of service to the poor, needy and voice less (world of animals). All of them need to be served.

Unit no	Contents	No. of sessions
1	Values and Ethics: from corporate and spiritual angles Respect-to do the things right Reliability-integrity and competence Resourcefulness- creativity Reverence for life-CSR, sustainability, Animal rights, nonviolence Believe and Achieve- Motivational speeches, Videos, Reflection and thoughts of- eminent speakers	6 weeks
2	Universal Values-Right conduct, Peace, Truth, Love, Non-violence, contentment, Integrity, devotion, service, co-existence, justice, Empathy,	4 weeks
3	Leadership with Values-Value based leadership. Importance of Value based leaders in the national and global context, Important traits of value based leaders.	4 weeks
4	Essentials of Religions-Spiritual masters and spirituality. Important teachings on spirituality and values. Personal development and Spirituality.	4 weeks

5	Self- Management- I-Goal setting, Self-Motivation, Positive Attitude, Self- confidence, healthy life style, Stress Management, Time Management, organizational skills	4 weeks
6	Self- management- II - Overcoming-fear, anger and temptations, learn forgiveness Believe and achieve, character building, gratitude,	4 weeks
7	Personal success-Personal achievement, career planning, Good work habits, Creativity, healthy life style, self -discipline, Therapy of giving, balanced diet.	4 weeks
8	Failure Management and Learnings Biographies of leaders with background of failures, developing Students to accept failures as part Learning, Emotional stability in case of frustration.	4 weeks
9	Every day one session of meditation for ½ hours Followed by the preachings of spiritual masters, eminent philosophers and guides	4 weeks
10	Sessions on great spiritual master reverent shree Sadhu Vaswani	4 weeks

2.SANCTUARY FEEDBACK ANALYSIS REPORT (A.Y.2023-24)

Total Students Enrolled: 226

Total Students: 206

At the institute, a daily sanctuary lasting for 30 minutes is held. The purpose of this sanctuary is to provide value-based education and establish a connection with a higher power through activities such as reciting prayers, meditation, sharing positive thoughts, and reflecting on the deeds performed by everyone.

The sessions conducted in Sanctuary aim to provide valuable lessons and guidance to students, fostering the development of important values such as hope, faith, courage, honesty, patience, willingness, humility, self-discipline, and service that can contribute to an improved quality of life.

I. How much credit do you give to SANCTUARY for?

I	Somewhat		Negligible		Large		Excellent		Entire		Not Answered		TOTAL
	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	
Building your character/values	29	14.08	11	5.34	26	12.62	100	48.54	38	18.45	2	0.97	206
Your becoming a sensitive and good human being	26	12.62	10	4.85	25	12.14	103	25.00	35	16.99	7	3.40	206
Your overall development as a human being	25	12.14	11	5.34	24	11.65	100	48.54	40	19.42	6	2.91	206

I. How much credit do you give to SANCTUARY for?

I	Somewhat		Negligible		Largely		Huge		Not Answered		TOTAL
	Total	%	Total	%	Total	%	Total	%	Total	%	
Has sanctuary contributed to enhancing your spiritual quotient?	35	16.99	9	4.37	68	33.01	89	43.20	5	2.43	206
Did Sanctuary help to promote ideas/values of unity, integrity, peace and love?	24	11.65	10	4.85	71	34.47	98	47.57	3	1.46	206
Has Sanctuary made you sensitive about contributing to the society?	30	14.56	7	3.40	77	37.38	88	42.72	4	1.94	206
How much has the mentoring by faculty helped you to deal with your career?	35	16.99	9	4.37	69	33.50	90	43.69	3	1.46	206
How much has SVIMS inspired you to excel in your field?	33	16.02	8	3.88	78	37.86	84	40.78	3	1.46	206

Rate Sanctuary's role in contributing to :													
III	Somewhat		Negligible		Large		Excellent		Entire		Not Answered		TOTAL
	Total	%	Total	%	Total	%	Total	%	Total	%	Total	%	Total
Your becoming a socially skilled woman	32	15.53	8	3.88	86	41.75	0	0.00	75	36.41	5	2.43	206
Your developing into a confident personality	32	15.53	8	3.88	80	38.83	0	0.00	83	40.29	3	1.46	206
Your ability to deal with issues of life in general	27	13.11	9	4.37	92	44.66	0	0.00	74	35.92	4	1.94	206
Your willingness to strive for excellence	27	13.11	9	4.37	82	39.81	0	0.00	82	39.81	6	2.91	206

Rate Sanctuary's role in the following aspects												
IV	Sometimes		Never		Mostly		Always		Not Answered		TOTAL	
	Total	%	Total	%	Total	%	Total	%	Total	%	Total	
I can take my own decisions	29	14.08	9	4.37	91	44.17	73	35.44	4	1.94	206	
I can confidently talk to people at higher level at home, and outside	27	13.11	9	4.37	88	42.72	79	38.35	3	1.46	206	
I can be assertive when I want to	30	14.56	9	4.37	87	42.23	77	37.38	3	1.46	206	

Has Sanctuary contributed to you on the following parameters?											
V	To a limited extent		To a great extent		Somewhat		Not Much		Not Answered		TOTAL
	Total	%	Total	%	Total	%	Total	%	Total	%	Total
Inculcating a positive attitude to life and work	61	29.61	103	50.00	30	14.56	8	3.88	4	1.94	206
Your being a principled and ethical employee	64	31.07	99	48.06	27	13.11	8	3.88	8	3.88	206
For developing qualities of discipline, dedication and commitment to work	61	29.61	106	51.46	27	13.11	7	3.40	5	2.43	206
Your ability to deal with complex & Difficult Issues in the work place	64	31.07	105	50.97	24	11.65	8	3.88	5	2.43	206

ANALYSIS:

1. On average 70 % of students believe that Sanctuary helps in building character/values, overall development and becoming a good human being.
2. On average above 76 % of students think that Sanctuary helps enhance spiritual quotient, and promote values of unity, integrity, peace and love.
3. On average above 79 % of students believe that sanctuary helps develop a confident personality, enhancing the ability to deal with issues of life in general and striving for excellence.
4. On average above 79 % Most of students think that Sanctuary helps build a positive attitude, developing qualities of discipline, dedication, and commitment to work.

Hence, it appears that the students find satisfaction in the Sanctuary sessions.

OUTCOMES

1. The Sanctuary program is a transformative initiative that fosters academic and professional excellence, builds character, promotes ethical leadership, and nurtures a sense of purpose and social responsibility among students. It aligns with the institution's mission of creating compassionate, value-driven leaders for society.
2. The Sanctuary program has truly transformed individuals into socially skilled, confident, resilient, and excellence-driven leaders. It embodies the institution's mission of holistic development, inspiring ethical and value-based leadership.
3. Sanctuary plays a significant role in fostering the growth and empowerment of its participants.
4. Sanctuary is instrumental in driving the professional and personal development of participants.