

**List of Extra Curricular Activities Covering Cross-Cutting Issues**

**Photographs and Reports of Extracurricular Activities**

<b>A.Y. 2021-2022</b>		
<b>Sr. No.</b>	<b>Date</b>	<b>Name of Activity</b>
1	05-06-2021	World Environment Day: Save Earth by Promoting Environment Restoration
2	11-06-2021	Nirbhaya Kanya Yojana - Become Confident and Flex Some Muscles – A Self-defense
3	12 to 14.06.2021	‘Swachh Wari- Swasth Wari- Nirmal Wari –Harit Wari’
4	14-06-2021	Nirbhaya Kanya Yojana - From the Lens of Law Keepers
5	25-06-2021	International Conference on Ecofeminism (Commemorating World Environment Day)-AICTE
6	30-06-2021	Natural and Manmade Disaster Management Workshop
7	08-08-2021	Tree plantation
8	28-08-2021	The Financial Strengths and Challenges of Women Entrepreneurs in India
9	01-09-2021-15-09-2021	Swachhta Pakhwada
10	13-09-2021	Session on Gender Equity by Dr. Viddulata Gawade
11	18-10-2021	Menstrual Hygiene & Family Planning (Gadge Maharaj Slums, Pune)
12	22-12-2021	Seeti Bajao Shor Machao (Sant Ghadge Maharaj Vasti)
13	06-01-2022	A Session on Stress Management
14	07-01-2022	Internshala Training Personal Finance
15	11-01-2022	Developing an Entrepreneurial Attitude
16	13-01-2022	Celebrating Womanhood: Better Menstrual Hygiene = Better Mental & Physical Wellbeing
17	14-01-2022	A Session on Gender Sensitivity
18	20-01-2022	Goal Setting
19	21-01-2022	A Session on Diversity and Inclusion

20	24-01-2022	National Girl Child Day
21	05-02-2022	Learning How to Lose
22	15-02-2022	A Panel Discussion on Cancer Awareness: Life with it and after it
23	18-02-2022	Nirbhay Kanya Abhiyan
24	19-02-2022	Tools for Digital Marketing, and SEO
25	22-02-2022	Affect of the Pandemic on the Hotel Industry and Scope of taking Hospitality as a Career option Post Pandemic
26	26-02-2022	Sinhgad Fort Cleaning and Khadakwasla River Cleaning Drive
27	28-02-2022	A Session on Corporate Responses to Sexual Assault
28	05-03-2022	AKAM-EBSB - Heritage of Odisha & Maharashtra
29	08-03-2022	International Women's Day
30	08-04-2022	Water Conservation
31	09-04-2022	Gender Inclusion and Women Leadership
32	14-04-2022	Blood Donation Drive
33	22-04-2022	World Earth Day
34	22-04-2022	World Earth Day (Poster Making)
35	23-04-2022	Awareness on Mental Wellbeing
36	25-04-2022	Green Vibes only
37	02-05-2022	E- Waste Drive
38	21-05-2022	Self-Grooming Workshop
39	30-05-2022	A Session on HR Shared Services and the other Emerging Trends in HR

## World Environment Day: Save Earth by Promoting Environment Restoration

Date : 05-06-2021

### Report

“I only feel angry when I see waste. When I see people throwing away things we could use.”

—Mother Teresa

5th June 2021

Mr. Chandra Bhushan, Chief Executive Officer at International Forum for Environment, Sustainability & Technology (iFOREST) spoke about ecological degradation, biodiversity -its loss and implications and ecosystem restoration. He also spoke about challenges in eco restoration – these being primarily the population and technology. The session was followed by a Question – Answer Session.



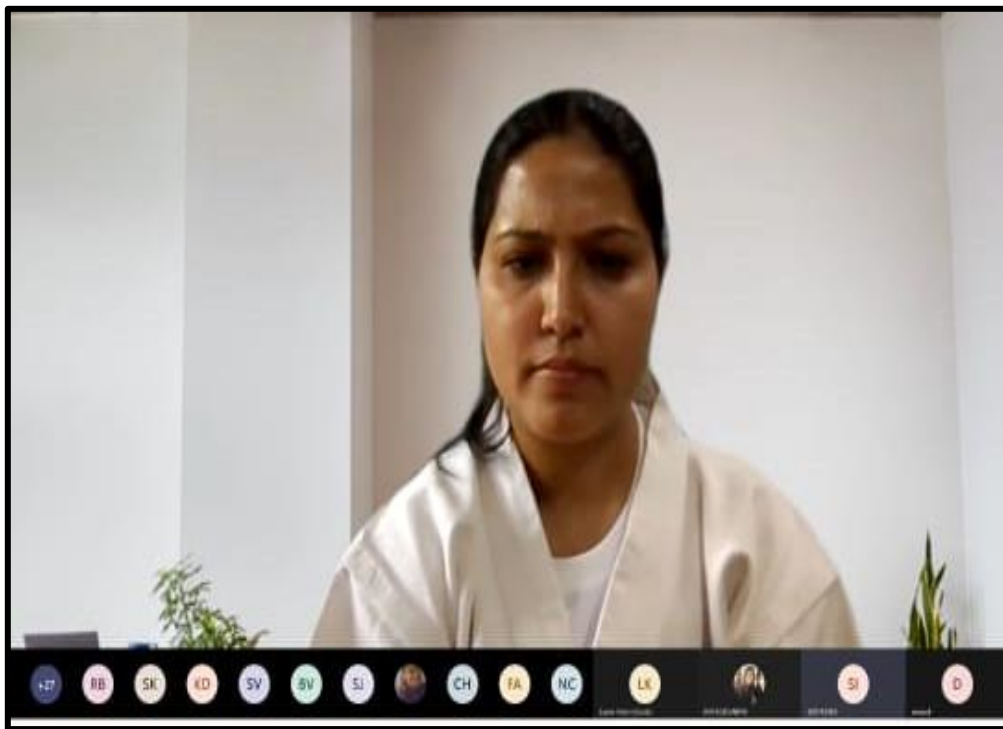
## Nirbhaya Kanya Yojana - Become Confident and Flex Some Muscles – A Self-defense

Date : 11-06-2021

### Report

The Chief Guest for the event, Adv. Mrs. Nevagi and Ms. Nikita Panhalkar spoke about issues of women's safety, Me Too Movement, sexual harassment at workplaces and different Acts and provisions meant to ensure women's safety. Some of these being: Hindu Marriage Act 1955, Special Marriage Act, 1954, Guardians and Wards Act 1890, Hindu Adoption and Maintenance Act 1956, the IT Act 2000, The POSH Act 2013, et al.

A video on the use of the Pratisaad App was launched by the Mumbai Police to ensure women safety was also shown to the audience.



## 'Swachh Wari- Swasth Wari- Nirmal Wari –Harit Wari'

Date : 12.06.2021

### Report

The theme of this year's SPPU dindi is 'Swacch Wari, Swastha Wari, Nirmal Wari, Harit Wari'.

The focus is on spreading awareness about cleanliness, health and tree plantation. This year planned activities during wari are planting saplings besides performing street plays on social issues like gender sensitisation, elections while walking alongside warkaris. The wari helped students to learn leadership, coordination, teamwork, humanity and humility.

On 22 June 2022, The NSS Unit of SVIMS along with 17 NSS volunteers helped the Pune Police at Yerwada Bridge in crowd management, distribution of food, cleaning of places where warkaris rested and depicted role plays on social issues. Students sung Bhajans, Abhangas and danced with warkaris.



# International Conference on Ecofeminism (Commemorating World Environment Day)-AICTE

Date : 25-06-2021

**ABOUT SADHU VASWANI INSTITUTE OF MANAGEMENT STUDIES FOR GIRLS**

SVIMS is one of the flagship institutions of the MIRA Education Board, functioning under the aegis of the internationally renowned Sadhu Vaswani Mission. Our lineage from the Mission gives us our unique identity, our special values and our fundamental moorings in ethics and fair practices.

We are an ISO 9001:2015 and NAAC accredited B-School dedicated to the empowerment of a new generation of women managers, who will provide both ethical and effective leadership in a resurgent India. The Institute has a registered Ph. D Research Centre affiliated to the Savitribai Phule Pune University and is the proud recipient of the 'College of Substance' Award instituted by the Natrajan Education Society.

We nurture a culture of nonviolence and heart-based leadership in the stakeholders associated with the institute.




**CONFERENCE COMMITTEE**  
 Convener : **Dr. B. H. Nanwani**  
 Conference Secretary : **Dr. Smita Iyer**  
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

- ❖ Women and Nature -Victims of Exploitation and Domination
- ❖ Ecofeminism in India
- ❖ Cultural Feminism
- ❖ Environment Ethics and Women
- ❖ Sustainable Business by Women: Changing Shades of Ecofeminism

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*International Conference  
on*  
**ECOfeminism**

**25<sup>TH</sup> & 26<sup>TH</sup> JUNE 2021**



**SADHU VASWANI INSTITUTE OF MANAGEMENT STUDIES FOR GIRLS**  
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 An ISO 9001:2015 Certified Institute  
 NAAC Accredited with B+ Grade



*International  
Conference*  
**ECO***feminism*

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*International Conference*  
**ECO***feminism*

 <b>Dr Vandana Shiva</b> <i>(Chief Guest)</i> Ecofeminist Founder of Navdanya	 <b>Didi Krishna Kumar</b> Working Chairperson Sadhya Vaswani Trust on Pune, India	 <b>Ma Ghyun Woo</b> Associate Economic Development Board Singapore	 <b>Dr Yoshidatto Aline</b> Professor School of Arts and Aesthetics
 <b>Ma Gurpreet Kaur</b> Delegte UK Commission on Status of Women UK Women, London, UK	 <b>Ma Imke Azara</b> Bent or Lecturer School of Environmental Engineering Johor Bahru, Malaysia	 <b>Dr Rohini Sahni</b> Professor and Head Department of Economics University of Pune, India	 <b>Kumar Deepak</b> Environmentalist UNEP
 <b>Dr Amreshwar Galla</b> Professor UNESCO Chair on Intuitive Museums & Sustainable Development Ahmedabad, India	 <b>Dr Rama Madan-Soni</b> Assistant Professor Bachchan College Kuwait	 <b>Ma Anandhi Mureshi</b> Bharatnatyam Dancer	 <b>Ma Sophie Capshaw Mack</b> Founder and Executive Director Survivor's Best Friend United States
 <b>Ma Mahak Agrawal</b> Climate Policy Expert Ministry of Home Affairs Delhi, India	 <b>Dr Zahraa Moar</b> Deputy Director Center for Environmental Sustainability & Water Supply Johor Bahru, Malaysia	 <b>Dr Sunita Purushottam</b> Head of Sustainability Mahindra Lifespace Developments Pune, India	 <b>Ma Chhaya Sehgal</b> Director World Trade Centre
 <b>Ma Rupya Malik</b> Executive Director World Trade Centre Mumbai Mumbai, India	 <b>Ma Anju Bhat</b> Managing Director Sadhya Vaswani Trustable Pads Kerala, India	 <b>Ma Bhavini Parikh</b> Chief Executive Officer Sunko/unko India	 <b>Ma Ranjini Thorpe</b> Founder Vignette India
 <b>Ma Pooja Khambhwal</b> Founder Astra Nirbhara Uttar Pradesh, India	 <b>Dr Parag Borkar</b> Dean faculty of management Pune University	 <b>Ma Gayatri Raghava</b> Environmental Educationist UNEP, India	

Chief Guest: Dr Vandana Shiva

Dr Vandana Shiva in her address, stated that the development that the world is pushing us towards, is, ecological destruction. We are working towards 'change' but we are moving towards the wrong kind of change. A change that will change the kindness of the minds and destroy the beauty of mountains and nature around us.

## **Track I: Women and Nature - Victims of Exploitation and Domination**

Keynote Speaker: Dr Yashadatta Alone, Professor, School of Arts and Aesthetics

He lamented the fact that women and their contribution is undermined or not recognised in India. Similarly women are not safe here. He gave the example of women in China who can safely walk the streets in the night after working night shifts at Toll Plazas. The same is not true in India and women who work in the night are not even respected.

### **A Panel Discussion ensued on the track theme:**

Speakers:

1. Ms. Qayum Woo, Associate Singapore Economic Development Board

2. Ms. Moli Amanah Divakaran,

3. Mr. Santosh Utamrao Rathod

4. Ms. Abhinaya Gaikwad

1. Ms. Qiyun Woo

In Ms. Woo's words, Ecofeminism is the movement about reciprocity. She drew an interconnection between the destruction of the environment and the oppression of women.

2. Ms. Moli Amanah Divakaran

She spoke about her experiences, observations, and contribution towards women empowerment. Women require to be skilled, employable and independent to move out of the stranglehold of oppression.

3. Mr. Santosh Utamrao Rathod

He spoke about the degradation of soil quality owing to use of fertilizers and pesticides.

4. Ms. Abhinaya Gaikwad

Ms. Gaikwad was of the strong opinion that women across the world, at all levels occupy a secondary position. Women however are nurturers and so is Mother Earth and hence, both should be given the value they deserve.

## **Track II: Ecofeminism in India**

Keynote Speaker: Ms. Gurpreet Kaur, Delegate, United Nations Commission on Status of Women, UN Women

In her talk, Ms Gurpreet Kaur explained the concept of Ecofeminism, Aristotle's Great Chain of Being; 3 essential types of Ecofeminism namely, Cultural Ecofeminism, Socialist/Materialist Ecofeminism and Materialist Postcolonial Ecofeminism; Place of women in this movement of Ecofeminism; Why Ecofeminism has relevance today more than ever; Ecofeminism and Business and Nature-a benevolent Giver



## **Panel Discussion**

### **Speakers:**

1. Dr. Rohini Sahni, an Ex-Professor, Savitribai Phule Pune University
2. Mr. Deepak Kumar, Environmentalist, UNDP
3. Dr. Zainura Noor, Deputy Director, Centre for Environmental Sustainability and Water Supply

1. Dr. Rohini Sahni

Dr. Sahni spoke about the irony of Dali Women undertaking the job of solid waste segregation in Indian urban areas; keeping the environment hygienic and yet not being respected.

2. Mr. Deepak Kumar 's talk covered the importance of Ecosystem, Impact of Climate change particularly on women and his experience in empowering the women of North-Eastern states of India in particular

3. Dr. Zainura Noor

Ms. Noor majorly spoke about her research and work relating to Water crisis faced by women in India and Africa.

At the end of Track II, papers were presented by the delegates and selective participants of the conference.

## **Track III: Cultural Feminism**

**Keynote Speaker:** Dr. Amar Eshwar Galla, Professor UNESCO Chair on Inclusive Museums and Sustainable Development

Dr. Amar Eshwar pointed to the harsh reality that the pandemic has allowed us to recognize the injustice we have done to nature and our women and to take corrective measures. Triangulation of women, environment and climate is what he spoke of, to support his suggestion.

He narrated a touching incident where several trees were cut off to allow better visibility of a museum [Amravathi Mahastupa]. Later, it was the daughter-in-law of a sweeper in particular and others in general who oversaw the re-planting of the trees in the surrounding area. This is how strong a connection is between ecology and women.

## **Panel Discussion**

### **Speakers:**

1. Dr. Roma Madan Soni, Assistant Professor, Box Hill College
2. Ms. Arohi Munshi, Bharatnatyam Dancer
3. Ms. Sophie Mackshaw, Founder and Executive Director, Survivor's Best Friend

1. Dr. Roma Madan Soni

Dr. Soni explained how the golden wombs of Mother Earth and women are being manipulated and destroyed. Mother Earth has lost her biodiversity, flora and fauna, water bodies, and surfaces have been damaged and destroyed by burning of fossil fuels, wars etc. There is today a distress of Earth's wounded womb. Women too have suffered owing to their gender and have faced discrimination and danger.

2. Ms. Arohi Munshi, Bharatnatyam Dancer

Ms. Arohi said, "Eco feminism or ecological feminism explores connections between mind, body, and nature. Dance is the unity of mind and body. Woman is somehow inexplicably closer to nature than man. The Indian classical dance has very close links with nature; expressions of emotions and ideas are borrowed from nature.

3. Ms. Sophie Mackshaw

She averred that COVID 19 in the shadow pandemic of increased gender-based violence that has disproportionately affected women and minorities. She also discussed mental health and climate change. The relationship between climate change and deteriorating mental health brings up the question of eco psychiatry, a relatively new realm in which there is currently a dearth of research. She recommended increased public and private funding of sustainable arts space therapy and educational programmes for improving mental health outcomes, specifically associated with climate change.

#### **Track IV: Environment, Ethics and Women**

Keynote Speaker: Ms. Mahak Agrawal Climate Policy Expert Ministry of Home Affairs

Ms. Agrawal spoke about her initiatives to improve sanitation facilities for women, filing a petition with Government of India for a 'open defecation' free India and opening up a dialogue in this context with the Cabinet Minister of Delhi for Health and Urban Development.

## **Panel Discussion**

Speakers:

1. Dr. Nisha Bharti
2. Dr. Irnis Azura, Senior Lecturer, School of Environmental Engineering
3. Dr. Sunita Purushottam, Head of Sustainability at Mahindra Life space Developers
4. Ms. Chhaya Sehgal, Director, World Trade centre

1. Dr. Nisha Bharti

She mainly spoke about the research she is carrying out in the field of Ecofeminism – drawing a correlation between Feminism, Sustainability, and the Environment.

2. Dr. Irnis Azura

Dr Azura's talk was centered around the food waste management at restaurants and schools and how women are leading the initiative to convert it into natural compost.

3. Dr. Sunita Purushottam in her talk covered aspects of Sustainability Strategy and Environmental Impact Assessment; Air Pollution Modelling and Meteorology, GHG Emissions, Carbon Neutrality strategy, waste Management strategy; Technology solutions for Sustainability etc.

4. Ms. Chhaya Sehgal

Ms. Sehgal briefly touched upon environmental changes due to globalization, pandemic and its effects on the world economy, use of sustainable options, the Chipko movement and Ecofeminism and Environmental changes.

## **Track V: Sustainable Businesses**

**Keynote Speaker:** Dr Rupa Naik

Dr Rupa Naik illustrated that there is a connection between women and nature by quoting women as part of Shakti. She highlighted the aspects of sustainable business practices in detail and inspired women to be educated and give respect to themselves first. She explained the importance of education for women to become economically strong and use opportunities to become successful entrepreneurs.

This was followed by case studies of sustainable businesses and the Valedictory address by Dr. Kalkar, Dean, SPPU.

## Natural and Manmade Disaster Management Workshop

Date : 30-06-2021

### Report

#### **Natural And Man-Made Disasters** [ In association with Indian Red Cross Society]

"We cannot stop natural disasters, but we can arm ourselves with knowledge: so many lives wouldn't have to be lost if there was enough disaster preparedness."

- Petra Nemcova

30th June 2021

Brigadier [Retd.] Kuldip Singh discussed the history, and background of disaster management in India. He threw light on the types of natural and manmade disasters, causes and impact of such disasters, especially in the context of business continuity.

This was followed by a short film on the National Institute of Disaster Management [ NIDM] which focused on the aims, objectives, and the work of NIDM.

Prof R V Kulkarni, besides speaking on the hazards of disasters, vulnerable groups and areas also spoke on disaster management cycle.

Mr. Rubaab Sood, focused on the response and recovery processes in disaster management and shared his experiences in the context of NDMA's response and role during and the Uttarakhand floods and earthquake.

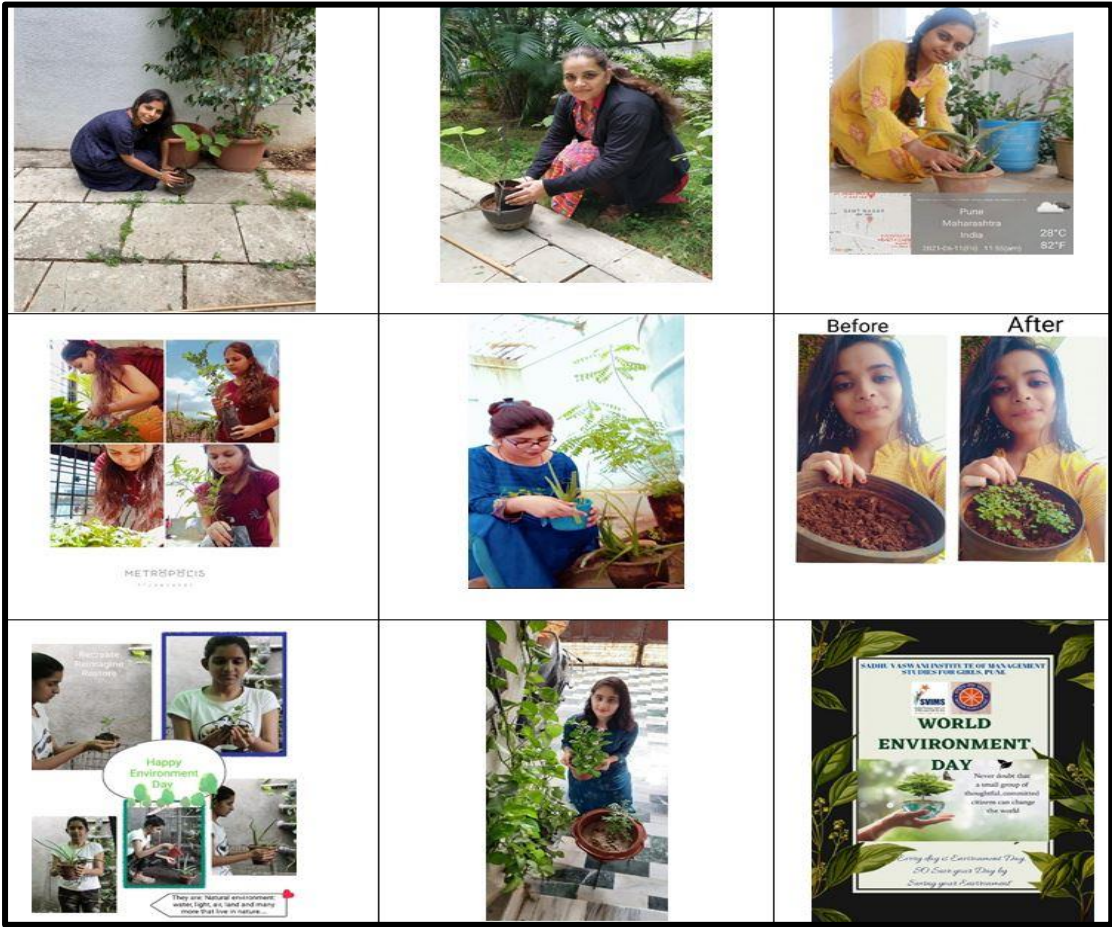


# Tree plantation

Date: 08-08-2021

## Report

Sadhu Vaswani Institute of Management Studies for Girls Pune celebrated 'Green Army'. Dr. B.H. Nanwani (Director) along with Students, Parent, faculty members and administrative staff participated in this 'Tree Plantation' drive, on 8<sup>th</sup> August 2021, at Holkarwadi forest land, Phursungi, Pune. Samajik Vanikar Nursury Aundh, Pune provided us 2-year-old 60 sampling of medicinal plants-Awala, Kadulimb, Pipal, Wad, Babul, etc Indian fruits – Shitaphal, Mango, Shewga etc and Rain tree plants. We prepared 2X2X2 pits for planting the sapling, for plantation drive administrative staff, Mr Shinde Parent, Staff of Samajik Vanikaran, Watchman & Guard participated.

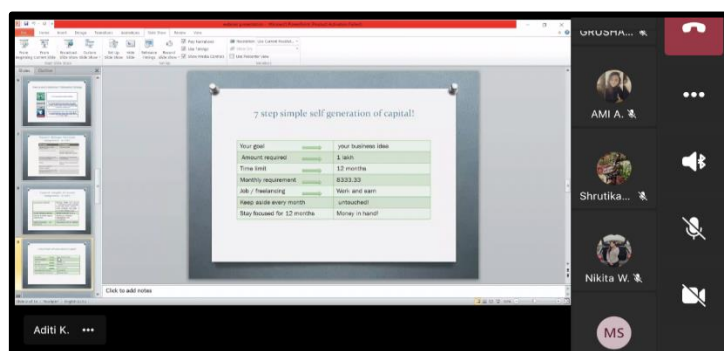


## The Financial Strengths and Challenges of Women Entrepreneurs in India

Date: 28-08-2021

### Report

- **SVIMS**, under the aegis of the Entrepreneurship Cell, had invited Ms. Aditi Khot, Founder of Des Rangeela, Pune, for a Guest Lecture.
- Aditi is a young Social entrepreneur who is working towards connecting the rural handicraft industry to the urban markets. She is working towards bridging the gap between modern India and the rural handicraft heritage that is the treasure trove of our country.
- Aditi shared her entrepreneurial journey experiences with the attendees. She touched upon various obstacles the young girls, who want to become entrepreneurs, face in their familial and societal environment, especially those who come from rural background.
- ‘Des Rangeela’ is a Pune city based Social Enterprise that works to provide Sustainable livelihood to Indian Artisans, aiming to preserve Indian culture, strengthen local communities & economy. Established in 2017, Des Rangeela has grown tremendously and is now ready to enter ecommerce business.
- Being from a humble background herself, Aditi addressed the financial strengths and challenges that woman entrepreneurs have to deal with in their businesses. She emphasized the need to have clarity, passion and adhere to the routine and discipline so as to meet the set goals. Self- doubting may be good as it helps to push the limits to perform better.
- She motivated the students to broaden their horizons and spread their wings and not be afraid of taking risks.
- Aditi also touched upon the gender issues that become a part of the woman entrepreneur’s journey and how does she deal with such situations. “I cannot run away and close my business and leave my goal because of these incidences. Therefore, I find a way through them.”



## Swachhata Pakhwada

Date :01-09-2021

### Report

SVIMS observed swachhata pakhawada with full zest and enthusiasm on the online platform due to covid pandemic. All staff members along with their students actively participated in 'Swachhata Pakhwada' as per the schedule decided by the Institute between September 1st, 2016 and September 15th, 2016. Dr B H Nanwani, Director Inaugurated the Swachhata Pakhwada 1 Sep 2021 on online platform.

In her inaugural speech, she expressed her views about the Cleanliness of our body, mind, dress, home, surroundings, and another work area. Cleanliness of the body is very necessary for our physical and mental health. Cleanliness of the surrounding areas and environment is very necessary for social and intellectual health.

Dr Abhijeet Kaiwade addressed the participants as cleanliness always improves the confidence level and self-respect as well as respect from others. It is a good habit which keeps us always happy. It makes us feel very proud in the society. Cleanliness is very necessary to maintain our healthy lifestyle and standard of living.

01 September 2021

Inauguration and Swachhata Pledge taken by students and staff members. Dr Abhijeet Kaiwade shared the plan of action for next 15 days.



## Session on Gender Equity by Dr. Viddulata Gawade

Date : 13-09-2021

### Report

The program commenced with the welcome address by Dr. Divya Lakhani. Ms. Gawade was introduced by Ms. Jyotika Makhija, MBA II student.

Ms. Viddulata Gawade, commenced the session by undertaking an activity wherein she asked the students to identify – which gender they associate with a particular word. For example – Cook, Pilot, Smoker, etc. This activity brought forward the fact that we have some stereotypes in our mind regarding certain roles being played by a particular gender. She went on to emphasize that all men and women need to be more open in their thinking and come out of traditional way of thinking.

She explained the Banwari Devi incident and brought about the importance of Vishakha Judgement. She then went on to discuss Rupan Bajaj and Gill case on outraging the modesty of women. Besides this, she discussed the cases where the girls are filing false cases against men for rape, in the event of relationship going sour. These cases bring to fore the need to be more gender sensitive and practice gender equity.

In conclusion, it can be said that though we talk about gender sensitivity and equality – we need to make conscious efforts to understand that men and women are different, and that they need to be accepted as being unique individuals, who have their own thinking and ideologies.

The program concluded with vote of thanks by Ms. Vaishali Patil, Asst Professor, SVIMS.





## Menstrual Hygiene & Family Planning (Gadge Maharaj Slums, Pune)

Date : 18-10-2021

### Report

- Dr. Sneha Nagar, a renowned Gynecologist from Inlaks and Budrani Hospital conducted a session on menstrual and Personal Hygiene for the students of MBA and MCA.
- She said that due to changed lifestyles, eating habits and stress, girls are facing many problems like PCOD and infertility.
- She further said that knowing these problems, diagnosis and treatment would help the girls take necessary precautions and steps towards their good health and well-being.
- She educated the participants on issues like menstrual hygiene, sex and personal hygiene.
- In the conclusion students asked her many doubts, which she clarified promptly. Overall the session had many take aways and was very helpful for the students.

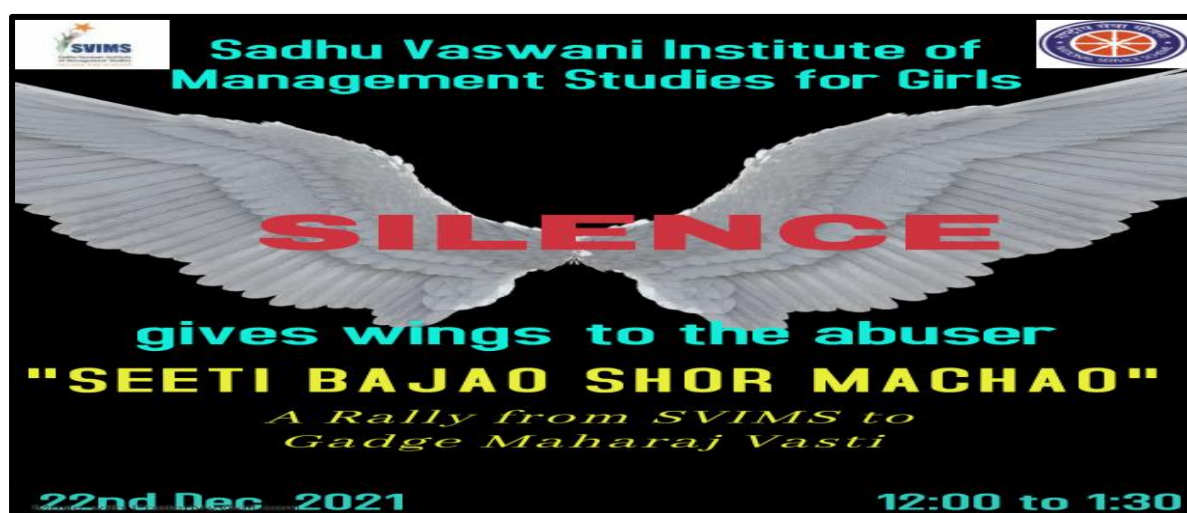


## Seeti Bajao Shor Machao (Sant Ghadge Maharaj Vasti)

Date : 22-12-2021

### Report

- The students and faculty discussed about the ideas for the street play a fortnight before the event. It was heartening to see the feelings that flowed amongst the students to the theme of the street play.
- With Director's permission and guidance, the Koragaon Park Police Station was approached for permission to hold a rally from the Institute to the Gadge Maharaj Vasti.
- The students blew the whistles throughout the rally with the slogan "Jab Dekho Koi Atyachaar, Seeti Bajao Shor Machao".
- On reaching the Vasti, the students walked in the byline's of the Vasti, attracting the residents' attention and asking them to come and watch the street play.
- The students then performed on the street which captured the attention of women and children alike.
- The Police Representative, Constable Samarth Shide, helped in controlling the traffic so that our goal could be achieved.
- The Rally returned to SVIMS with a feeling of contentment, having shared with women at the Vasti the need to be self-dependent for her children's and her security. The message given to everyone was that silence gives wings to abusers. Therefore, to voice injustice is important.



## A Session on Stress Management

Date : 06-01-2022

### Report

Dr. Deen Dayal Yadav, a Life Coach, a Stress Management Coach and an author was the speaker for this session. Before he explained to us simple and doable stress management techniques, he explained to us what physical changes stress brings in the body of a person who is stressed. These were: increase in blood pressure, aches- can be in different body parts for different people, might lead to digestive problems for some. The techniques that he stated, demonstrated, and explained were:

- a. Soft reset: inhale and exhale. He suggested to hold our breath for 3 seconds each.
- b. Hard reset: High-energy workout, exercise with weights
- c. Release the cause of stress before 90 seconds. He mentioned that we tend to overthink about a particular thing if we keep thinking about it continuously for 90 seconds at given point of time. Hence, it is important to release the thought before those 90 seconds are over.

One strong statement he made was: “Mind needs attention and tension.” Understanding that one is merely a dot in the entire world, entire universe reduces the attention you feed your mind with. While, using the 90-seconds release technique reduces the tension of the mind.



## Internshala Training Personal Finance

Date : 07-01-2022

### Report

The session on Personal Finance- Become your own finance guru was conducted by Ms. Tripta Singh.

Learnings from the Session.

The session was all about how to manage your own personal Finance.

Some of the points she covered in session was

- Income statement
- Personal cash flow statement
- Personal net worth statement
- Financial and Retirement Goals



## Developing an Entrepreneurial Attitude

Date: 11-01-2022

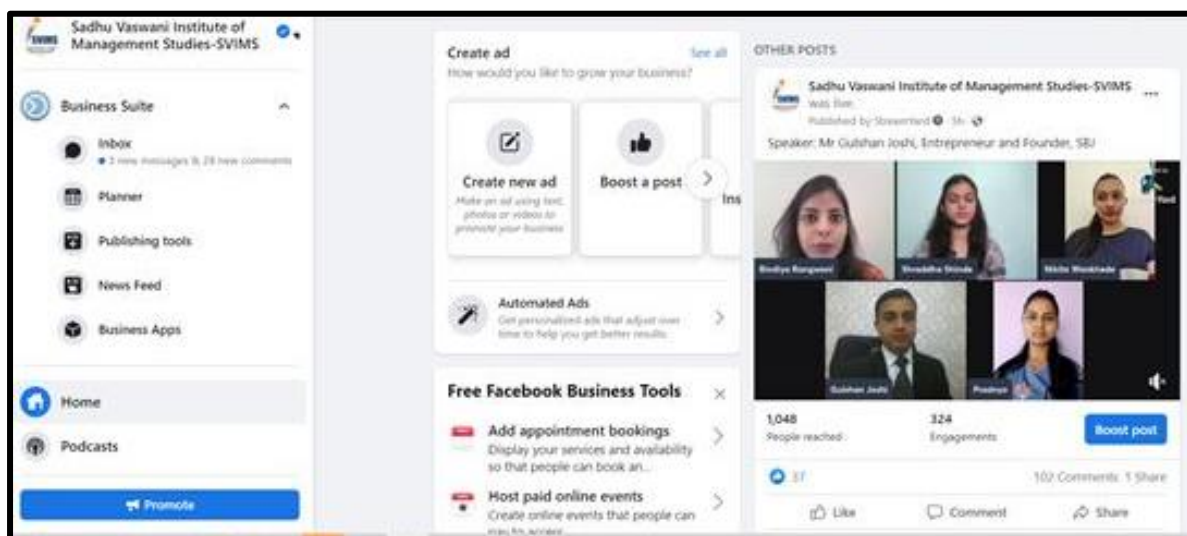
### Report

Mr. Gulshan Joshi, a serial entrepreneur spoke of his entrepreneurial journey moving from a senior level job to and entrepreneur. He spoke of the following uncompromisable qualities of an entrepreneur:

- a. Passion
- b. Courage
- c. Flexibility and Adaptability
- d. Strong work ethics
- e. Confidence
- f. Risk-taking capability
- g. Leadership

Some of the hard-hitting statements that emerged out of his talk and the QnA session were:

- a. The one who believes in others pursues a job and the one who believes in himself/herself becomes an entrepreneur.
- b. Your business venture should be your love, an emotion.
- c. When building and running a business venture, give and take.
- d. Do not be a boss rather be a leader who works equally for others to follow your actions.



## Celebrating Womanhood: Better Menstrual Hygiene = Better Mental & Physical Wellbeing

Date: 13-01-2022

### Report

- Ms. Sonali Joshi welcomed the guest speaker, faculty and students and shared the concept of the topic with the attendees.
- Ms. Kanizfatema Khan introduced the Guest Speaker, Dr. Girija Wagh. She shared about the inspiring achievements and social presence of Dr. Wagh and the work she has done and is doing towards women empowerment, better health and hygiene.
- Dr. Girija Wagh in her session shared about the perceptions and myths related to menstruation. She then explained about the menstruation cycle, its occurrence, its anatomy in the female body. The key takeaways from her session were as follows:
  - Womanhood and each role a woman plays in her life need to be acknowledged and celebrated and this begins with self-love and self-care.
  - Of all the rights and roles a woman plays, the greatest one is that of being a mother.
  - The meaning of menstruation, its cycle, importance, and role in lives of girls and women that help them to prepare themselves for bigger roles in their lives.
  - The most common reasons for irregular periods and the restorative remedies available for them.
  - The need for regular check-ups with a trusted gynaecologist to ascertain upkeep of health and hygiene.
  - The effects of PCOD / PCOS on the health of young women and the treatments available thereof.
  - The three mool mantras – Aahar(balanced diet), Vihar( physical exercise and rest), Vichaar (positive thoughts)
- After the guest speaker's informative and thought-provoking session, the attendees were invited for an Open House wherein they asked a few questions to the speaker which she graciously answered.
- Dr. Dilip Pardeshi, SO, Indian Red Cross also addressed the students and the faculty and appreciated the efforts taken by the team to conduct a guest talk on such a relevant topic.
- The session ended with a vote of thanks by Dr. Divya Lakhani.



## A Session on Gender Sensitivity

Date: 14-01-2022

### Report

Dr. Dhyadroy highlighted the problems which women are facing while entering in the field of Higher Education in the context of discrimination in their caste, class, religion, region etc. She mentioned that as institutional responsibilities, the institute needs to know the women who are entering in the space of higher education and what these women will do after completing the higher education. Dr. Dhyadroy gave the example of Mahatma Phule and Savitribai Phule who fought for women's education. She said that it is the responsibility of institutions to create such an environment in context of higher education where girl students can aspire for something which is beyond the gender stereotypes. She added that Higher Education institutions must take responsibility to treat young women students regardless of their gender. They need to be treated as citizens who have the right to education, right to equal opportunities and safety. College, institution and all of us together as individuals need to make an effort that if Indian constitution has given right as a woman student to be part of any stream then the institution needs to assist them in terms of accessing education. therefore the institution needs to create a learning environment where physically, emotionally and intellectually a woman student can feel safe and respected.



## Goal Setting

Date: 20-01-2022

### Report

To bring out the importance of goal setting – SVIMS conducted a session on “Goal Setting” by Mr. Hitendra Soneji on Thursday, 20 January 2022.

Mr. Hitendra Soneji is the Founder CEO of Will to win, Soft Skills Development Training Centre, which is based in Vadodara, Gujarat. He has a rich experience of 30 years in marketing. He has trained more than 40000 people within 10 years of the establishment of Will to Win. He has been associated with more than 150 reputed companies, like, L & T, Adani Power, Lupin, Cadila, Asian Paints, Crompton Greaves, to name a few.

Mr. Hitendra Soneji shared his valuable insights on Goal setting. He emphasized on setting the long-term goals and then breaking it down into short term goals. Having some desires in your subconscious mind cannot be called as goals, for they wither away with time. Hence, it is very important to write down these goals so that we can revisit them at regular intervals and change our strategy if we observe deviation in the achievement of these goals.

He encouraged the students to follow SMART philosophy, i.e., Specific, Measurable, Achievable, Relevant and Timely. For this he encouraged the students to analyse the existing talent, knowledge and skills that they possess to develop SMART goals.

Some tips were given by him to setting the goals -

- What is the purpose of your life?
- Discover the purpose
- Visualize the end in sight
- Self-awareness of what knowledge and skills you possess,
- Always being ready to do your work,
- Self-confidence
- Realization that obstacles will always be there and we need to overcome them for reaching towards your goals
- Have alternative strategies, i.e., backup plans.

All in all, this session helped students to understand supreme power and potential of mind. It also taught them how to rewire our brain towards achievement of one's goals and overcome adversities and face challenges with grit and determination.




Goal Setting

23:02

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Dismiss



# GOAL SETTING

**Hitendra Soneji**  
Founder CEO, Motivational Speaker, Corporate Trainer  
**"WILL TO WIN"**

Hitendra Soneji (Guest)

Damini Par... +45

Hitendra Soneji (Guest)

ENG IN 11:41 AM 20-01-2022

## A Session on Diversity and Inclusion

Date: 21-01-2022

### Report

Ms Apoorva Satija, the APAC Head for Diversity and Inclusion at Amdocs was invited to talk and enlighten our students on this topic. In this session, she covered the aspect of diversity and inclusion in its broadest sense to include age, gender, sex, caste, colour and caste. She started her talk by presenting insights of a research carried out by Amdocs to find out what perspectives do men and women carry about themselves and the other sex at workplace. From here on, she built on the topic by sharing various examples and real-life experiences on discrimination basis age, gender, sex, and caste. She kept the session very lively and interactive by asking for opinions through polls, understanding the views and resolving participants' doubts/inhibitions.



## National Girl Child Day

Date: 24-01-2022

### Report

On the National Girl Child Day celebration- Dr Abhijeet Kaiwade started the program with Dada J P Vaswani's Quote 'Women is the architecture of the new generation. Women is a symbol of shakti. It is this woman – soul that will rebuild the shattered world with the strength of her intuition, her purity and faith in prayer. The women – soul shall lead us upward, on!'

In the program following students spoke about eminent women personalities.

Ms Kaniz spoke about Dr Anandibai Joshi First Lady Indian doctor. In her narration, she explained the motivational factor of her life and struggles to become India's First lady Doctor.

Ms Joytika narrated story of the First Woman Prime Minister of India Ms Indira Gandhi. She also spoke about her achievements as a woman leader.

Ms Vipashana narrated the story of the First Muslim woman teacher - Fatima Shaikh. Fatima Shaikh and her brother had graciously given their spaces to Mrs. Savitribai Phule to open the first school for girls.

Ms Gunjan narrated the story of Savitribai Phule, who set milestones in girls' education and thanked her for enabling the education of girls.

Faculty members, Dr Divya, Ms Vaishali, Ms Sonali also shared their experiences of how as girls they were supported by their family members to pursue higher education. Ms Parishweta Gulhani also shared her experience and guidance from her family members - she proudly acclaimed that her father wished to spend money on her education rather than giving her dowry.

The stories narrated indicated the need, importance and success of the education of girls. Within a girl child could lie the potential of her becoming an achiever, a successful leader, writer, scientist, doctor etc. What is important is to provide her an ecosystem for education - this will then provide her the wind beneath her wings and help her soar high.



Sadhu Vaswani Institute of Management Studies for Girls

## National Girls Child Day



### Woman

is the architect of the new generation. Woman is a symbol of Shakti. It is this woman - soul that will rebuild our shattered world with the strength of her intuition, her purity and faith in prayer.

*The woman-soul shall lead us upward, on!*

Dada J. P. Vaswani

1. Selfie with Parents or Siblings
2. Poster on Empowering Girl Child



**Venue : MS Team**  
**Date : 24 January 2022**  
**Timing : 2:00 PM to 3:00 PM**



## Learning How to Lose

Date: 05-02-2022

### Report

- SVIMS invited Mr. Amit Sathe, CEO and Founder of Inspire Co-Spaces in Mumbai to interact with our students and share with them the need to learn to convert adversities into positive action.
- The program began with a welcome speech by Ms. Sonali Joshi wherein she welcomed the guest speaker, and all the attendees and. Ms. Kaniz Fatema Khan then introduced the guest speaker Mr. Amit Sathe mentioning about his achievements and varied fields of work.
- Mr. Amit Sathe enthralled the audience with influential ideas on life, adversities, the silver lining to every cloud and finding your way, success, and happiness through those adversities. He shared his own life incidences and experiences – weaving them through stories at every stage of life and the results, which mostly were of failure or loss. However, every such incident led to a new opportunity, which was converted into success.
- Mr. Amit Sathe stressed the need to keep working hard and pursuing life goals, facing all the hardships, losses and failures to become a winner at the end of it all.
- The young students could relate to him and **during the Open House, interacted with him with their ideas and questions.**
- Ms. Bindiya Rangwani was invited to give a Vote of Thanks. She appreciated storytelling technique of sharing his life story and thanked the speaker for his valuable contributions. Mr. Sathe also offered to come to the Institute to conduct the next part of the session if the students so desired.



## A Panel Discussion on Cancer Awareness: Life with it and after it

Date: 15-02-2022

### Report

The panel discussion started with the welcome address given by Ms. Jyotika Makhija which was followed by Dr. Divya Lakhani address to the audience.

#### ***Session by Ms. Sushmita Mitra***

Ms. Susmita Mitra shared about what is cancer and the myths about cancer. She spoke about physiological and psychological challenges the patients face other than the medical treatment due to these misconceptions. She explained the stages of cancer in detail, “in the normal cells if cancer occurs and that area gets destroyed, but after timely treatment it again recovers normal cells, giving an opportunity to lead a good life”. She explained about DNA mutations, and common cancer types in India such as Oral Cancer, Breast Cancer, Cervical Cancer and Prostate Cancer. She also emphasized on cancer prevention strategies. Many malignancies could be prevented by exercising, eating right, maintaining a healthy weight and not smoking, by being proactive and get an annual cancer screening and “keep in mind that don’t wait to get sick before taking action!” She talked about the Childhood cancer that it is not linked to any particular lifestyle factors or it does not discriminate by race or socioeconomic status.

#### ***Session by Mr. Vijay Bhat***

Mr. Vijay Bhat, a cancer survivor himself, talked on the topic on thriving with cancer: a journey from illness to wholeness. He gave a very positive approach of cancer healing him. He explained the concepts to change the mindset that be a survivor or thrive, be patient or impatient, be statistic or anecdote. Mr. Bhat explained the purpose of his organization, Cancer Awakens, is that they want people to awaken, heal and grow through a traumatic cancer experience, instead of suffering like victims or dying on schedule. The vision of cancer awakening is many millions must survive; one million must thrive.

#### ***Session by Ms. Vandana Gupta***

Ms. Vandana Gupta shared about the Issues of Children their Rehab and Parents’ Behaviour. She explained the parents’ point of view when their child is suffering from cancer, then at this time the parents are extremely shocked, there is so much anxiety about this, there is anger and guilt that can have adverse effects on relationships. It depends on the parent’s supportive

behaviour for healing the child. She explained that if the environment is not healthy for the child it will take time to heal. In many cases, if a child is suffering from cancer and getting all the attention from the parents then sometimes the child shows a tantrum behaviour to get the attention from parents and making all his or her wishes fulfilled.

### *Open House*

After the panellists, discussion the attendees were invited for Open House to ask their questions to the panellists. The panellists also discussed a few of the questions and thoughts and presented more dimensions to the topic.

The program concluded with a Vote of thanks Mrs. Vaishali Patil.



**Report**

Formed in July 2015, clad in 'commando uniforms' and comprising around 33 women cops, named as 'Damini Marshals', the Damini Squad is an effective force helping girls and women in distress on streets and other public places making Pune city a safer haven for women.

Not only are these ladies in uniform responsible for curbing crimes against women, but they also extend emotional support and self-defence training, making women independent and competent to protect themselves. Besides action against miscreants, the Damini Marshals have also created awareness among school and college-going girls and women working with private companies by conducting workshops and counselling sessions.

The members of Damini Squad who graced the occasion were API Sujata Shanme, API Manisha Tule, Ms Ankita Atram and Mrs. Sarika Sonwane.

API Sujata Shanme shared, "Damini marshals patrol public places such as markets, malls, bus stops, traffic signals, areas near school, colleges, offices etc. Unlike other departments of police, where women have to come to the police station when in trouble, these cops reach out to them personally, visit them at their homes and at places where they feel unsafe. This helps women be more comfortable talking to the police. Damini marshals have helped bridge a gap and build trust. It is one of the reasons why now more women are coming forward to report issues like domestic violence, eve-teasing etc." The squad also has mental health professionals associated with the team. A video on Damini Squad, Mumbai was also shown reflecting the magnitude of work being done by these Iron Ladies in Uniform.

The Damini Squad also showed certain self-defence techniques to the attendees of the event. During the Open House, the girls asked questions to the Squad which were welcomed and answered by the Squad members. Their visit inspired the girls to follow their dreams and achieve them, just as shared by the Squad ladies.

***Workshop on Self-Defense -***

UK Taekwondo Academy, having branches all over Pune, conducted a workshop on Taekwondo for the attendees. Mr Rajesh Poojari is the 5<sup>th</sup> Dan Black Belt and an India Coach for Taekwondo. He was accompanied by other three coaches from the same academy.

The team conducted an invigorating workshop for the attendees, teaching them the importance of self-training and also self-defence techniques.





195, Vasani Nagar, Koregaon Park, Pune, Maharashtra 411001, India

Pune  
Maharashtra  
India



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## Tools for Digital Marketing, and SEO

Date: 19-02-2022

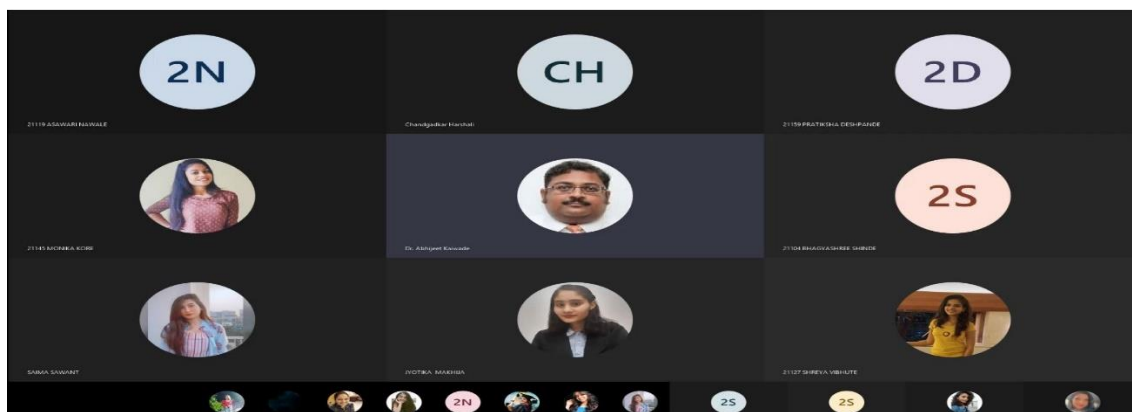
### Report

Ms Harshali Chandgadkar, Digital Marketing Executive, NITOR Infotech Pune.

The session was all about the introduction of the Digital Marketing domain and the necessity of digital marketing in a current competitive world and about the IT industry who are currently working in Digital Marketing. She spoke about the concept of Marketing and Marketing of products and services using digital technologies. She also spoke about various types of Digital Marketing techniques which are currently being used by the industry to sell various types of products and services. Digital Marketing can be on-line and off-line and various methods of both types were covered.

She Also spoke about Analytics which is being used to maximize sales. Analytics is used to find out the potential consumers and to find out where marketing is successful and where it is a failure and what are the reasons for it. She covered all the fundamentals of analytics which is very necessary to enter the Digital Marketing world. She suggested that DM ensure that all on-site activity is being tracked. You can track activity through tools like Google Analytics and demonstrate it on Google Analytics tools.

She also spoke about how Digital marketing tools, SEO (Search Engine Optimization) should be tracked and monitored right from the outset of a campaign. At the beginning of a project, it is important to benchmark organic rankings for a set of approximately 30 to 50 keywords. Then monitor fluctuations in ranking over time. Also, benchmark average monthly organic traffic and conversions. As well as that, it can be interesting to monitor year-on-year data to track annual trends and seasonality. The goal of positive SEO efforts will be to improve keyword rankings, drive more site traffic, and boost conversions.



## Affect of the Pandemic on the Hotel Industry and Scope of taking Hospitality as a Career option Post Pandemic

Date: 22-02-2022

### Report

Ms. Ankita Auddy, Sales Manager-Corporate sales, Hotel Westine, spoke about the effects of the pandemic on the hotel industry and career options in the hospitality sector covering hotels, resorts, motels, hostels, cruise ships etc. Staff in the hospitality sector take care of customer needs and wants and they try to meet the high standards of customer expectations. People in hospitality management need to perform diversified roles as they are dealing with the public.

She said that Covid has affected the hotel business. Corporate travelling has reduced from 50 % to 10% but post Covid it has started increasing by 25%. COVID led hotels to reinvent and become innovative, leading them to offer home delivery, visit homes for organizing parties, and make the living room in the hotel with the dining room as customers get the feeling of restaurants.

While explaining the opportunities in the hotel industry she said MBA freshers can make a career in sales, marketing, Human resource and purchase departments. Also, they can explore the venues of becoming a Hotel Manager, Event Coordinator, heading housekeeping etc.

Close		Participants (28)	
	Kiran Rajp		
	NAMITA VALBHANI		
	Namrata Nagpal		
	NEHA SHARMA		
	phaguni		
	Pooja H		
	Pratiksha Punekar		
	Priyanka Gupta		
	RAJSEE SARWATE		
	Resham Puglia		
	Shreya Vibhute		
	sonali joshi		
	Vanessa manuel		

## Sinhgad Fort Cleaning and Khadakwasla River Cleaning Drive

Date: 26-02-2022

### Report

Sadhu Vaswani Institute of Management Studies' NSS unit undertook a cleanliness drive under the aegis of Savitribai Phule Pune University's NSS Fort and Heritage Cleanliness Programme on 26th February 2022.

Under this activity, 14 NSS volunteers and 2 faculty members participated and undertook the following initiatives:

1. Cleaning of fort premises – Tanaji Malusare Samadhi, Amruteshwar Hanuman Mandir, Kalyan Darwaja. Students cleaned the mentioned area, collected plastic waste etc.
2. Presented a street play to sensitize visitors about the need to maintain our heritage sites. Presented the following points in street play
  - a. Why to maintain a heritage site
  - b. Importance of segregating biodegradable waste and non-biodegradable waste and using the designated bins for disposal of waste.
  - c. Link for the video -
3. Mr Mahesh Khade, Gramsevak, Ghera Sinhgad Grampanchayat, Pune delivered a session on 'Our Heritage .... Saving ourselves'. He narrated the story of the Sinhgad fort and the importance of Sinhgad fort in the Maratha Empire.



## A Session on Corporate Responses to Sexual Assault

Date: 28-02-2022

### Report

Ms. Sonali Joshi welcomed the Speaker, Dr. Viddulata Gawade and the attendees for the Event, describing the importance of the session that was being held today, with an appeal to the students to be an active part of the session as they were on the verge of entering the world of work.

Jyotika Makhija, from MBA II, Batch 2020-2022 introduced the speaker and welcomed the students and faculty for the session.

Dr. Viddulata Gawade began the session by addressing the attendees about the importance of being aware of the surroundings, the culture, and the times that they soon would be joining.

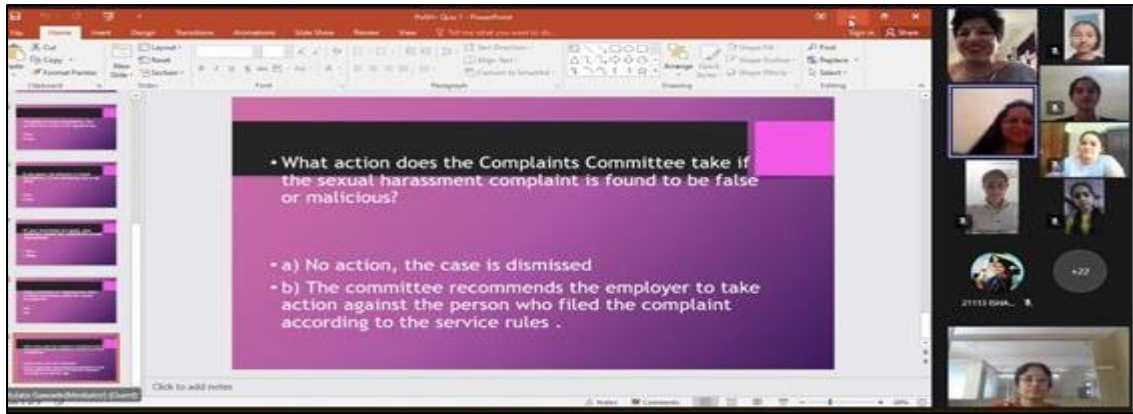
She brought forth various cases of sexual harassment at companies and the decisions that were taken.

She emphasized that any such case does not tarnish the image only of the complainant but to many levels questions the integrity of the organizations as well. Therefore, most of the MNCs today treat these as the most sensitive and priority concerns if they so happen in their organization.

She also shared that it is a misnomer that every time only women are given support for their complaints or claims. The organizations present a non-biased view and have even found women to have made wrong complaints. In such cases, the companies have stood by their right decisions.

Dr. Gawade also conducted an online quiz for the attendees bringing to light various factors that we might or might not think about but are pertinent for the corporate responses to sensitive issues.

The students participated actively in the session. After the Open House, the session ended with a vote of thanks by Sonali Joshi



## AKAM-EBSB - Heritage of Odisha & Maharashtra

Date: 05-03-2022

### Report

The program commenced with the Welcome Address by Ms. Rosy Soren, Asst Prof, DAMITS. An Odissi Dance performance by Ms. Sahista S. performance from Sahista enthralled the audience. This was followed by a video on Odisha's Heritage. This showcased prominent places like Konark Temple, Jaggannath Temple, Chilika Lake, Simlipal National Park, Ganteshwari Temple, etc

This was followed by a speech by Ms. Ankita Sahoo, who explained the significance of Rath Yatra.

Ms. Nibedita Meher explained the historical significance of Hirakud Dam.

After these wonderful performances by DAMITS students, SVIMS students took centre stage. The program was divided into six segments to showcase the culture and heritage of Maharashtra–

1. Ganesh Chaturthi
2. Art
3. Ethnic fashion
4. Palkhi – Waarkaris
5. Local Cuisine
6. Tourist attraction

**The segment commenced with the Ganesh Vandana.** People from all walks of life install Ganesh idols at their homes during the 10-day Ganesh Chaturthi festival. The students and faculty of SVIMS, who celebrated the festival by installing Ganesh idols at their homes shared the photographs from their album that was brought forward in the form of a video.

**The Art segment** had Ms. Asawari Nawale displaying her talent in drawing. She first showed a photograph of door that had warli painting drawn on the door frame. She very beautifully drew a replica of it. No one was able to find which is the photograph or which one is the painting....

Then we had Ms. Shreya Vibhute who showed the Mehendi art. What was unique about it? One can always say that women all over India apply heena on their hands during various festivals. What sets Shreya's Mehendi apart from others was that she depicted the Gateway of India, Shaniwar Wada, Pandharpur and Bibi ka Maqbara. A beautiful handiwork indeed!!

**The next segment - Ethnic fashion**, had Ms. Salomi Gore and Ms. Parishweta Gulhane, wherein they depicted the Nauvari Saree, and the way Maharashtrian women dress up.

**The fourth segment depicted the Palkhi procession.**

Pandharpur Wari or Wari pronounced vaaree, is an annual pilgrimage (yatra) to the town of Pandharpur, in the Indian state of Maharashtra, to honor the deity of Hindu God Vitthal. The wari involves carrying the paduka (a type of wooden slippers or footprints) of a saint (Sant in marathi) in a palkhi, most notably of Sant Dnyaneshwar and Sant Tukaram, from their respective shrines to Pandharpur. Thousands of warkaris or pilgrims join this procession on foot.

Warkari is a Marathi term which means "one who performs the Wari" or "one who venerates the Vithoba". The tradition is more than 700 to 800 years old.

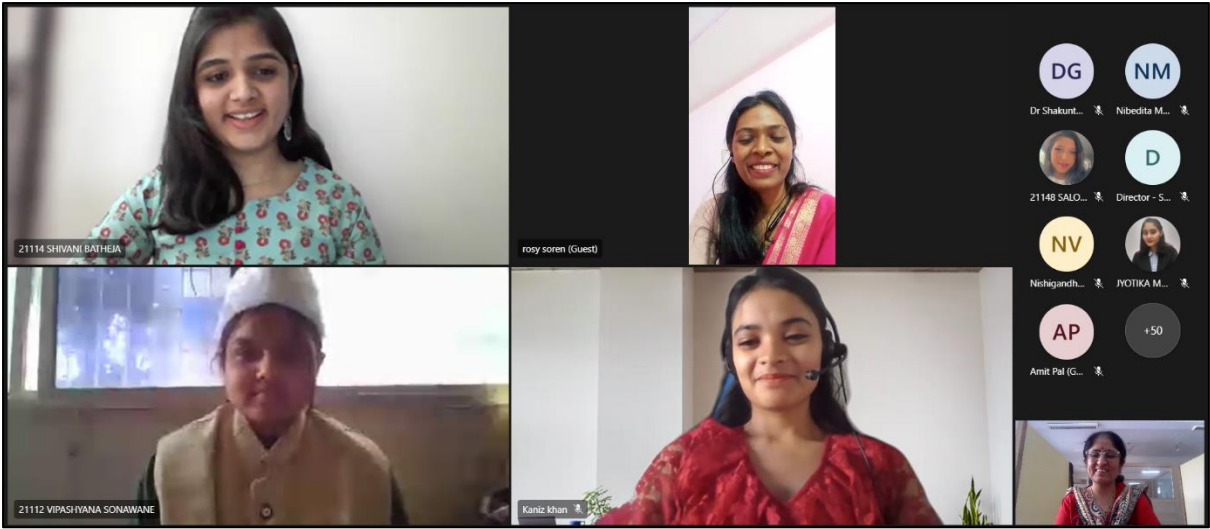
Every year in June, lakhs of pilgrims from Maharashtra participate in the palkhi procession. The procession embarks from the pilgrim centres of Alandi and Dehu in Pune district and the pilgrims march through the day and rest at night. The Wari culminates at the Vithoba temple, Pandharpur on the holy occasion of Ashadhi Ekadashi.

Ms. Vipashyana Sonawane and Ms. Isha Khandekar beautifully showcased this through a video, that had photographs from the personal collection of Mr. Mayur Gaidhane, an acclaimed photographer from Pune.

**The fifth segment** – that all people associate with a particular place is FOOD. Ms. Vipashyana Sonawane, a food blogger, discussed about the different types of cuisine available in Maharashtra. She also shared a video that showcased the popular food items – Puran poli, Pithale Bhakri, Misal pav, etc.

**The last segment** – had Ms. Kanizfatema Khan showing the top ten tourist attractions of Maharashtra – Mahableshwar, Lonavala, Alibaug, Panchgani, Ajanta Ellora caves, etc.

The enthusiastic participation of 100 students and faculty made this event a memorable one.



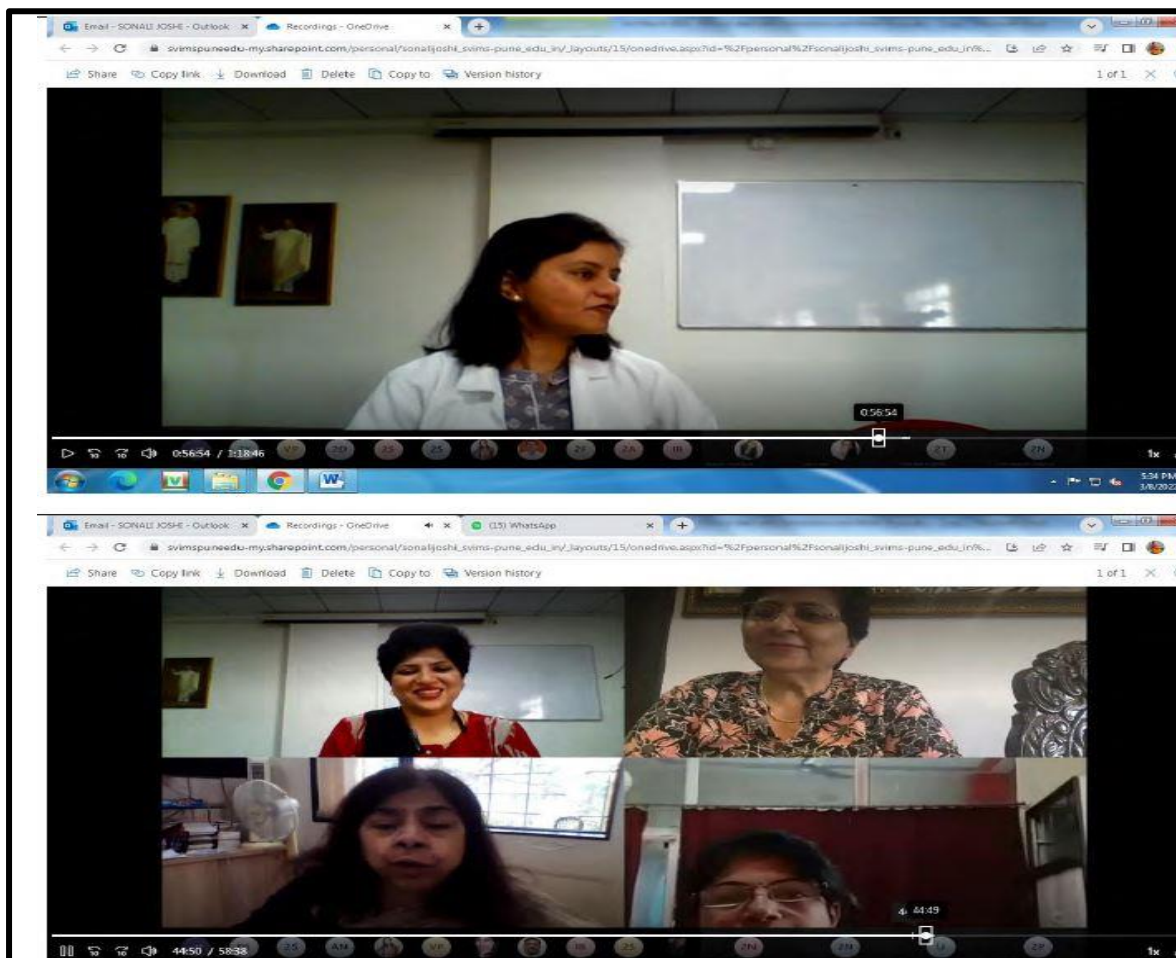


## International Women's Day

Date: 08-03-2022

### Report

International Women's Day is observed globally celebrating the social, economic, cultural, and political achievements of women. The day also marks a call to action for accelerating women's equality. Organizations large and small come together to show women just how valuable they are in today's society. This year, The National Implementation Committee, chaired by the Hon'ble Home Minister, has inter-alia approved the event "Women's Day" on 8th March, 2022 to be celebrated by the Ministry of Women and Child Development as part of the Azadi ka Amrit Mahotsav (AKAM). SVIMS, being AICTE recognized and affiliated to SPPU, celebrated International Women's week from 5th to 8th March 2022. As a practice of its own, this day has been celebrated every year at the Institute with zealous participation of students and staff.



## Water Conservation

Date: 08-04-2022

### Report

“I only feel angry when I see waste. When I see people throwing away things we could use.”

—Mother Teresa

5th June 2021

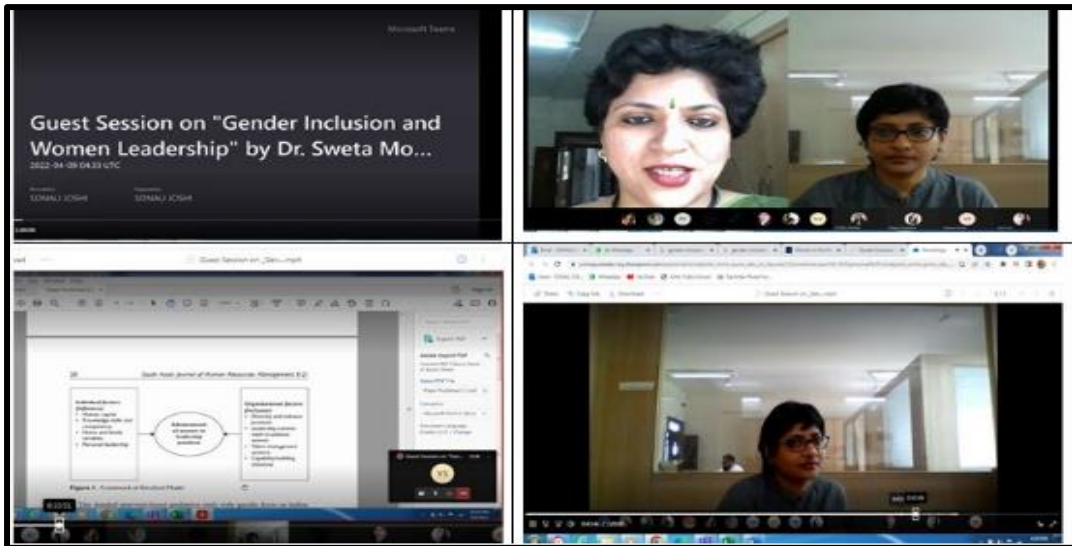
Mr. Chandra Bhushan, Chief Executive Officer at International Forum for Environment, Sustainability & Technology (iFOREST) spoke about ecological degradation, biodiversity -its loss and implications and ecosystem restoration. He also spoke about challenges in eco-restoration – these being primarily the population and technology. The session was followed by a Question – Answer Session.



## Gender Inclusion and Women Leadership

Date: 09-04-2022

- Ms. Sonali Joshi, faculty member, began by welcoming the Guest speaker and the participants for the session and giving a brief on the importance and the need for the session being conducted.
- Ms. Vaishnavi Shinde, student of MBA II, introduced the guest speaker to the attendees and welcomed the speaker.
- Dr. Sweta Mohapatra began her session by sharing a well cited research paper of hers titled, “Women Advancing to Leadership Positions: A Qualitative Study of Women Leaders in IT and ITES Sector in India”.
- Dr. Mohapatra’s session brought forth many elements and examples of real-world concerned with diversity, its meaning to individuals and organizations and the place that women have made for themselves at the corporate table, slowly but steadily.
- She spoke about the key factors that facilitate the advancement of women to leadership positions.
- Dr. Mohapatra emphasized the need for Inclusive Leadership, the need to create space for different social, economic, and ideological perspectives and experiences within the workplace. Approaching these differences with empathy and understanding while building a sense of personal authenticity would bring about the desired changes to the existing mindsets.
- She shared with the students that right from the early phase of their career building they must identify steps to expand and strengthen their network, adopt the best practices to develop lasting and positive relationships, and build marketplace reputation and goodwill for themselves and for their organizations.
- The students interacted with the Speaker enthusiastically and also asked a few questions which she graciously answered. Dr. Mohapatra also shared her journey from her college days to her present, inspiring the girls to not to give up on their dreams and make correct life choices.
- The Session ended with a Vote of Thanks by Mrs. Vaishali Patil.



## I Blood Donation Drive

Date: 14-04-2022

### Report

A Blood Donation Camp was organized by the NSS Unit of the Institute on the occasion of the "131<sup>st</sup> Birth Anniversary of Dr Babasaheb Ambedkar". Five NSS volunteers and programme officer participated in the blood donation drive. Despite the rejection of a few willing donors, 19 pints of blood were collected. The NSS volunteers helped with registrations and looking after the welfare of the donors.

Mr Ganesh Kakade, Adhyaksha, Dr Babasaheb Ambedkar Sanskrutik Mohotsav Samiti, Pune appreciated the work of NSS volunteers. Dr. Tejashree Parange, Dr. Trupti Dhawale and their team PSI Blood Bank thanked our NSS volunteers girls' team for quick response and energy.

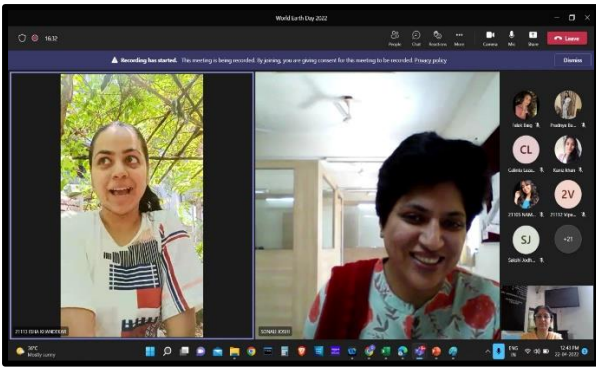


## World Earth Day

Date: 22-04-2022

### Report

- With the guidance of our Director, Dr. B H Nanwani, Ms. Sonali Joshi, a faculty member, began the event by welcoming the faculty and administration members and the students, sharing the initiative taken by Google. For the whole day today, Google was playing timelapse videos of various climatic changes such as the melting of glaciers, deforestation etc.
- A video by H'nble Working Chairperson, Sadhu Vaswani Mission, Didi Krishna Kumari was played. In the video, Simply Love: Respect the Earth, Krishna Didi speaks about three types of reverence:
  - Reverence for what is above us – reverence for God.
  - Reverence for what is around us – reverence for each other.
  - Reverence for what is beneath us – reverence for all animals and the environment.
- Ms. Isha Khandekar, a student from MBA I, recited two poems as gratitude to Mother Earth. The titles of the poems were *Mother Earth's Gifts* by Kelly Roper and *Maytime Magic* by Mabel Watts.
- This was followed by a short documentary video titled "One Earth" - One Earth - Environmental Short Film (<https://www.youtube.com/watch?v=QQYgCxu988s>). the video left everyone in a self-reflection as it struck hard on the manmade disasters that are hurting the precious Earth.
- Dr. Divya Lakhani was then invited to conduct a Quiz on World Earth Day. The students eagerly await her quiz sessions and actively participate in the quiz.
- The Session ended with a Vote of Thanks by Mrs. Vaishali Patil.'



**World Earth Day (Poster Making)**

Date: 22-04-2022



# WORLD Earth Day

LOOK DEEP INTO NATURE AND  
THEN YOU WILL UNDERSTAND  
EVERYTHING BETTER







We are living on  
this planet as if we  
had another one to  
go.

Save Earth before it  
is too late

~ By Kanizfatema Khan

## Awareness on Mental Wellbeing

Date: 23-04-2022

### Report

- Ms. Sonali Joshi, faculty member, welcomed Ms. Pooja Jain for the session by briefly introducing her to the students.
- Ms. Jain's session took the students on journey wherein they touched based with every phase of their lives. She helped them to uncover their thoughts in a simple yet impactful manner.
- Taking examples from daily life scenarios, she asked students to self-reflect on the things that matter most to them and the impact of various experiences the students have had till date.
- She encouraged the students to talk more openly about their mental wellbeing, to reach out to friends, families and even counselors without being afraid of generic notions or myths that go with the term "mental wellbeing".
- The Session ended with a Vote of Thanks by Isha Khandekar, Class representative and student of MBA I.



## Green Vibes only

Date: 25-04-2022

### Report

On 25<sup>th</sup> April 2022, all “Green Vibes Only” participants reported at SVIMS wearing their green outfits at 10:00 am with the following items -

1. Hydroponic plants
2. Stones and pebbles
3. Bottles and jars
4. Pair of scissors and cutters
5. Paints and other decorative items

The students began the activity by cutting out the bottles in half. The bottles and jars were then painted using beautiful colours of paints.

Hydroponic plants were finally set/ planted in the beautiful bottles and jars filled with water and pebbles.

Students placed these oxygen rich elements on the stairways and windows further decorating the campus of SVIMS.

This activity enhanced team spirit and love towards Mother Earth. It also encouraged the students to create 'Best out of Waste'.



## E- Waste Drive

Date: 02-05-2022

### Report

SVIMs collaborated with Swachh, Pune for collection of the E-waste. There was approx. 200kgs of E-waste collected by the students and staff. The students approached their societies and friends to ensure a considerable amount of E-waste was collected.

The collection was then donated at Swachh center in Aundh to be processed further in the most sustainable way. Dr. Divya Lakhani, HOD, SVIMS, visited the center along with the collection.

The activity also made the students realized as to the amount of e-waste that is generated in each household but goes unnoticed. They discussed with the faculty as to how, before participating in this activity, they were oblivious to even small things such as battery cells being bought and disposed. Many of them mentioned about shifting to rechargeable batteries as they were more sustainable.

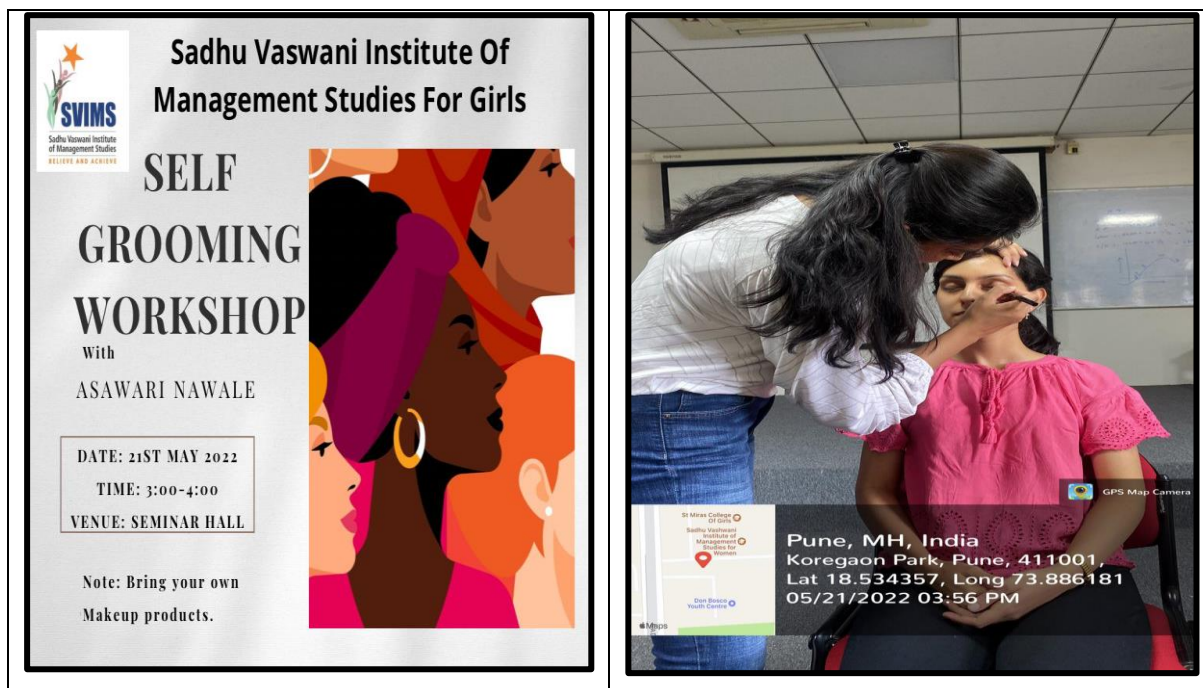


## Self-Grooming Workshop

Date: 21-05-2022

### Report

- SVIMS has always encouraged its students to break their shells and barriers and come forth with their talents, share them with the others and help each other learn and grow.
- Asawari Nawale, student of MBA Ist year, had approached the faculty with the proposal of conducting a self-grooming workshop for her classmates. Her intention was to share her knowledge about basic make up tricks that work well in the professional world.
- She started the session with a brief regarding the Self-Grooming and Makeup Workshop, her experience and journey into it.
- Asawari started the Workshop by describing the various skin types and different skincare routines for each skin type. She shared insights into different types of products regarding skincare, haircare and makeup. She also shared about different skincare issues and simple remedies to overcome those. The attendees also shared their experiences regarding different products and asked for her inputs on the same.
- Asawari gave a demonstration of makeup techniques with the attendees as her make up models.
- The session was concluded with students getting a consultation from her regarding their own makeup products and grooming habits.



## A Session on HR Shared Services and the other Emerging Trends in HR

Date: 30-05-2022

### Report

- Neha began the session by sharing her job profile at AMDOCS and the learning experience it has been for her ever since she joined the organization.
- She covered the concepts of Human Resource Employee Services, detailing the components such as employee benefits, compensation, relations, HR compliance, HRIS and payroll and training and development. She quoted examples from her organization for the concepts she shared.
- Talent Acquisition and training is given much importance at AMDOCS as these are the building blocks for any HR department to function well.
- She spoke about the current trends in HR that are being experienced by the organizations such as remote learning, remote working, mental health support, employee engagement etc.
- She encouraged the students to keep upskilling themselves as that must not be a hindrance in their trying to achieve their dreams.
- She also shared that there is a demand for good candidates in the job market. The need for the candidates is that they should be ready to learn, even if they might not have the certificates for courses trending in the market. It is important that they understand and adapt to the workings of the organization. That opens a lot of growth opportunities for the candidates.



## Developing an Entrepreneurial Attitude

Date: 11-01-2022

### Report

Mr. Gulshan Joshi, a serial entrepreneur spoke of his entrepreneurial journey moving from a senior level job to and entrepreneur. He spoke of the following uncompromisable qualities of an entrepreneur:

- h. Passion
- i. Courage
- j. Flexibility and Adaptability
- k. Strong work ethics
- l. Confidence
- m. Risk-taking capability
- n. Leadership

Some of the hard-hitting statements that emerged out of his talk and the Q n A session were:

- e. The one who believes in others pursues a job and the one who believes in himself/herself becomes an entrepreneur.
- f. Your business venture should be your love, an emotion.
- g. When building and running a business venture, give and take.
- h. Do not be a boss rather be a leader who works equally for others to follow your actions.

